

Day of Surgery	<ul style="list-style-type: none"> Please arrive early and be aware that arrival times are not case start times. Delayed arrivals may result in cancelation of your case. Please be prepared to spend the FULL DAY with us.
Health history	<ul style="list-style-type: none"> Please be prepared to review and discuss a complete and detailed medical history on the day of surgery. If the patient has developed changes in health or shows signs of a cold, cough fever, diarrhea, vomiting, or any other acute illness within 2 weeks of the appointment please let us know immediately prior to your scheduled date.
Escorts	<ul style="list-style-type: none"> All Anesthesia patients MUST be accompanied to their appointment by a responsible adult escort over the age of 18 (eighteen) years. Escorts must be physically present at check-in AND MUST remain physically present in the office during the procedure The patient will be discharged only in care of a responsible adult. Patients under age eighteen (18) years MUST have a parent, legal guardian, or caretaker with a notarized POA present the day of surgery. At least 1 escort per patient is requested. The number of accompanying individuals in the preoperative waiting and postoperative care area is limited to immediate family or 1 (one) accompanying escort per patient.
Food and Drink	<p>To reduce the risk of CHOKING, PULMONARY ASPIRATION and LIFE-THREATENING COMPLICATIONS. Anesthesia REQUIRES an empty stomach!</p> <ul style="list-style-type: none"> Nothing by mouth for AT LEAST 8 hours prior to the scheduled arrival is required. Meals, milk, formula, creamers, non-clear liquids, candy, chewing gum, tobacco, or any other form of food or non-clear drinks are NOT permitted. Clear liquids are permitted (Water, Pedialyte, Gatorade, or 7-up/Sprite only) but MUST BE STOPPED TWO hours prior to the scheduled arrival time. Food and Drinks are NOT PERMITTED in the preoperative waiting area. Children and Special needs patients must be watched carefully at least 8 hours prior to treatment to avoid unintended ingestion of food or drink. Children and Special needs patients MUST remain home from school and activities on the scheduled day under the supervision of a responsible adult. Children should NOT brush teeth the day of surgery to avoid inadvertent ingestion.
Medications	<ul style="list-style-type: none"> Please adhere to our instructions as discussed prior to appointment with respect to prescribed medications.
Clothing	<ul style="list-style-type: none"> Loose, comfortable, short-sleeved clothing is requested to prevent complications and assist in monitor placement. AVOID thick or bulky clothing as well as one piece clothing such as sweaters, dresses, rompers, or onesies. Clothing may become soiled, stained, or ruined during the procedure. Please bring a complete change of cloth and a blanket for comfort and warmth. All Jewelry, fingernail polish, contact lenses, moisturizer, and oils should be removed prior to arriving.

Safety is our priority. Failure to strictly follow instructions could result in serious complications. We reserve the right to cancel or delay any case, at any time for any reason we feel may jeopardize safety.

Please contact Specialty Anesthesia Partners at info@sleepthruit.com or 346-558-5881 if you have any questions or concerns.

PATIENT/OTHER LEGALLY AUTHORIZED REPRESENTATIVE *(signature required)*

I certify that I have received, read, and understood the above instructions.

Patient Name: _____ Patient DOB: _____

Signers Printed Name (if different than patient) _____

Legal relationship to patient: _____

Signature: _____

Date: _____